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NEWSLETTER AND PN MINUTES FOR 14th August, 2023

The meeting opened at 10.05 am

ATTENDANCE: Barbara Morris, Mike Kiff, Celia Miraglia, Ron Gascoigne, Faye Breslin, Margaret

Hunt, Eileen Sehn, Faye Holloway, Lorraine Keen, Philip Surtees.

APOLOGIES: Laurel Morris, Jenny Wilkins

CORRESPONDENCE - IN

18th July – Duxton Hotel - Having events in and around Perth. Keep in mind if anyone wants to join in

- **Connect Groups** Save date for Connect Groups Awareness Week. 23-29 October It is time to celebrate, recognise and raise awareness of Support Groups and the support they provide.
- ACNC. The storytelling power of data, Australian Charities Report and more. Have we submitted our Annual Information Statement.

26th July – Letter to Dr. Chin re having him for a speaker on Laser Acupuncture.

1st August – Dr. Chin will attend as a speaker on 14th September

From Shree Bright – wanted to discuss a website design with us.

R.T.G. Email for August sales production re 12 month multi city membership purposes.

11th August - ACNC communications - New Advisory members announced.

CORRESPONDENCE - OUT

Email to Dr. Chin accepting his offer of speaking at our September meeting.

Accepted Philip Surtees, Celia Miraglia

TREASURERS REPORT AS AT 01/08/2023

RECEIPTS		PAYMENTS	
Attendance	17.00	Nil	0.00

TOTAL	17.00		0.00
Balance b/f			390.18
BANK ACCOUNT			
Cheque A/c paid	0.00	Deposits	17.00
Balance c/f	407 18		
	The second later representative Auto Second		
TOTAL	407 18		407 18
Balance c/f			407 18
ACCOUNTS FOR PAYN	MENT		
Postage	135.55		
Morning Tea	20.00		
	155.55		
Accepted. Mike Kiff	133.33		

Accepted. Mike Kiff Seconded Eileen Sehn

GEN ERAL BUSINESS

The correspondence above was read out and noted – no answers were required.

The email from Dr. Chin confirmed his attendance at our September meeting. He is to give a talk on treatment with Laser Acupuncture and how it may help an ailment. He has also written a book on self help back pain which will be available for sale on the day. If anyone is interested to hear what he has to say, please come along as we need the numbers.

Our supply of "Accident Cream" which was available from the P.N. Group, has now run out. Rather than ordering a large amount of the cream fore us to store somewhere, it was decided that individuals can order through the P.N.. Groups phone number on the letterhead by getting in touch with Faye Holloway.

As there was nothing further to discuss, we had a general socialisation and chat, followed by a cuppa.

The meeting closed at 10.30 am. The P.N Group will meet again at 10.am on Mon day 11th September, 2023 at The Niche, Cnr Hospital Avenue and Abernethy Road, Shenton Park

Lyrics for Julie Andrews song, "These are a few of my favourite things" were altered when she recited it at Manhatten's Radio City Music Hall for the benefit of the AARP. The lyrics of the song were deliberately changed for the entertainment of her "blue hair" audience. (from the Internet)

Maalox and nose drops and needles for knitting, Walkers and handrails and new dental fittings. Bundles of magazines tied up in string. These are a few of my favourite things.

Cadillacs and cataracts and hearing aids and glasses.
Polident and Fixodent and false teeth in glasses.
Pacemakers, golf carts and porches with swings.
These are a few of my favourite things.

When the pipes leak, when the bones creak, when the knees go bad! I simply remember my favourite things, and then I don't feel so bad.

Hot tea and crumpets, and corn pads for bunions No spicy hot food or food cooked with onions. Bathrobes and heat pads and hot meals they bring, These are a few of my favourite things

Back pains, confused brains, and no fear of sinnin'
Thin bones and fractures and hair that is thinnin'
And we won't mention our short shrunken frames,
when we remember our favourite things.
When the joints ache, when the hips break, When the eyes grow dim,
Then I remember the great life I've had, and then I don't feel so bad.

Ms Andrews received a standing ovation from the crowd lasting over four minutes with repeated encores.