

PN SYMPTOMS may include

- Numbness in feet and/or hands
- Over sensitive to touch
- Burning pain – especially at night
- Freezing cold feet
- Loss of pain sensation
- Loss of position sense – balance
- Muscle weakness and wasting
- Pins & needles in feet, ankles & legs
- Painful cramps, spasms & deep aches
- Sharp “electric” shocks

With over 100 types of PN identified many variations exist



The Peripheral Neuropathy Support Group Inc is an incorporated, non-profit association that is a Registered Tax Concession Charity and has been endorsed as a Deductible Gift Recipient by the Australian Taxation Office.

The objects of the Association are to:

- a) Provide support through education and sharing information and experiences relating to Peripheral Neuropathy to those who live with it;
- b) Lobby for, and support research into causes, prevention and treatment of Peripheral Neuropathy;
- c) Increase public awareness of the nature and extent of Peripheral Neuropathy and the need for early intervention and research;
- d) Encourage the development of new therapies and devices for treatment of Peripheral Neuropathy;
- e) Gain recognition and support from relevant government and non-government bodies;
- f) Encourage medical and allied health professionals to provide coverage, care and treatment and
- g) Participate in national and international awareness and information exchange.

HOW CAN WE SUPPORT YOU?

The PN Support Group provides;

- ✓ Support and Understanding;
- ✓ Exchange of Ideas, Information and Experiences;
- ✓ Monthly meetings;
- ✓ Monthly newsletters;

Our meetings are held on the second Monday each month (except January) from 10.00am to 12 noon. We meet at the “Niche”, corner of Aberdare Rd & Hospital Ave, Nedlands WA 6009

Annual Subscription:

\$20



APPLICATION FOR MEMBERSHIP

I support the objects of the Association and apply to become a member of The Peripheral Neuropathy Support Group Inc and agree to adhere to the Rules of the Association;

SURNAME _____
CHRISTIAN NAME _____
Postal Address _____

Suburb _____
State & Post Code _____
Telephone _____
Mobile _____
Email Address _____
Signed _____

NOMINATED BY MEMBER

NAME _____
Signed _____

ACCEPTED BY COMMITTEE AT MEETING ON

(date) _____

CONTACTS

For further information

Please contact:

Phil Reed

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Web: www.pnsg.org.au

The Support Group is a member of ConnectGroups (peak body for Support Groups) (**08 9364 6909**) and The Neurological Council of WA (peak body for Neurological Conditions) (**08 64577533**)

Both these organisations maintain current contact details of our Group so if our contacts change please check with either of them.



PERIPHERAL NEUROPATHY (PN)

- Peripheral Neuropathy is a term used to describe damage to nerves of the peripheral nervous system.
- Damage to a nerve will cause messages to/from the Brain to be distorted with varying unwanted results.
- The nerves furthest from the central nervous system are often affected first, usually the feet and/or the hands.
- Medical advice should be sought early after noticing symptoms to aid diagnosis and give the best chance of preventing further damage to your peripheral nerves.

