

REGISTERED OFFICE CONTACT: Secretary: Barbara M
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GENERAL ENQUIRIES: Chairman: Phil R
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Other Team Members:

Treasurer:	Faye H
Newsletter Distribution:	Ninetta G
Meeting Activity Coordinator:	Celia M

BANK DETAILS: For submitting annual subscriptions, donations etc.
Bendigo Bank: BSB No.633 000 - Acct No.125 154 856

Please: When making a payment we need to know your name and what the payment covers e.g. annual subscription, donation etc. Without this information we are unable to match the payment with your account.

NEWSLETTER /P.N. MINUTES: 9th December 2024.

The meeting opened at 10:05 am and Phil welcomed us all.

CONFIRMATION OF MINUTES OF LAST COMMITTEE MEETING, as circulated as being true and correct.

Accepted: Faye H Seconded: Suzanne D

ATTENDANCE: Barbara M, Eileen S, Faye H, Phil R, Lindsay G, Philip S, Mike K, Celia M, Ron and Beryl H, Lorraine K, Margaret H, Faye B, Ron G, Suzanne and Dan D.

APOLOGIES: Laurel M, Aussie and Wendy N.

CORRESPONDENCE (INC. EMAILS):

Pay it forward Grants 2024-2025 are now open. Applications for preview close 28th January 2025, last day to submit applications Tuesday 11th February 2025. The objective of the PIF is to be a mental health early intervention initiative.

Peak Post November 2024. The name change for ConnectGroups was passed at their AGM. with a unanimous vote. A new advisory section will be established early next year to provide an ongoing opportunity for members to offer input and guide their work.

The new sector Advisory Group would like expressions of interest.

RGU Conditions Sector Development program is moving online and are looking to build a platform which will be meaningful.

McCusker Centre for Citizenship. Internship support for the project for 2025. Submit your role now to attract skilled students starting in February. The program maintains a 98% recommendation rate from hosts.

Neuro Hub Western Australia is on a mission to help one million Western Australians living with a neurological condition by creating a world first online platform.

Ninetta has sent a letter to let us know that she had given a box of chocolates to the local council as a thankyou gift for printing our newsletters out each month.

Accepted: Philip S Seconded: Ron G

TREASURER'S REPORT (as of 30/11/2024)

RECEIPTS	\$	PAYMENTS	\$
Membership D.D.	20.00	Web Site Hosting	0.00
Joining D.D.	0.00	Stationery	0.00
Donation D. D.	105.00	Accident Cream	0.00
Accident Cr. D.D.	0.00	Wheels for Display	52.72
		Boards	
TOTAL	<u>125.00</u>		<u>52.72</u>
Balance b/f			7529.00
BANK			
Cheque A/c paid	52.72	Deposits	125.00
Balance c/f	<u>7601.28</u>		
TOTAL	<u>7654.00</u>		<u>7654.00</u>
Balance c/f			<u>7601.28</u>

ACCOUNTS FOR PAYMENT

Postage	31.80
2 months Website	18.46
Chocs for Council	10.00
(Photocopying)	
TOTAL:	<u>60.26</u>

Approved: Phil R Seconded: Ron G

PLEASE: Remember to include your name and what your payment covers when paying online.

Faye (our Treasurer) has many members all paying similar amounts online and without your name and what you're paying for then Faye has little chance of knowing from whom the payments came and what the payment is for.

GENERAL BUSINESS:

1. New Members:

No new members acquired /attended this meeting.

2. Grants and Donations:

Phil R said that he is not intending to submit grant applications to ConnectGroups in 2025 due to:

1. The amount of time it takes to submit applications.
2. Our poor strike rate in 2024 (five submissions without success).
3. Our volunteer resources are limited.
4. Other than improving our website we do not have immediate items requiring funding, and,
5. Our bank account is looking in reasonably healthy.

3. Radio Stations: Ron H has applied to Curtin Radio for a spot on its airwaves. A letter, of not more than 80 words, was nussed out at the meeting last month. Our group was advised that it would hear from them some time in the future.

NEWS FLASH!!! – A person contacted Phil R to say that she had heard our ad that morning while listening to Curtin Radio FM100.1 at 8.00 am and both she and her husband were very interested in obtaining further information about PN and may wish to join the group. It shows that the effort of getting the letter written and forward on was worthwhile.

4. Pain Management: Suzanne D had previously advised Phil R about a documentary on Pain Management on SBS, and that it should be worth watching. Phil R was delighted with the program which aired on 21st November last. He thought it was a great topic to share and a great opportunity to contact members. Phil R strongly encouraged members to “keep an eye out” for future events of interest so he can advise all members through emailing and text messages.

5. Shopping Centre Promos: Phil R has contacted a Donna at “Scentre” who are the managing agents of Whitfords Shopping Centre. He applied online to discuss if our group is eligible to temporarily promote PN Awareness utilising our display boards in the centre. We are still waiting to hear back, Phil R said he'll follow up.

6. Sunflower Hidden Disabilities: Dan D further has researched “Sunflower” as discussed in last month's newsletter he was able to send a remittance to Sunflower Assoc. of \$200 (which is payable annually). We will be receiving packages soon, containing more information on the Assoc. together with some badges and lanyards for our members to use. Wearing a badge or lanyard would help members navigate through airports and shopping centres if staff members are notified of our member's presence.

7. Multi-tiered Membership: Having multi-tiered membership options is still on the agenda and will be discussed further in 2025.

8. Christmas wishes: Our group thought it would be a good idea to send Christmas wishes to our fund raisers AusInvest in Queensland, together with a photo of those present at the meeting. Phil R said he will action.

9. **Drone:** Phil R offered a drone with two spare batteries for \$30.00. Phil R said if anyone wanted they could make a donation to PNSG. Faye H took it for her grandson.

Thanks: Phil R thanked Ninetta, Faye, Barbara, Celia and all members who have contributed to PNSG in 2024. He said he's excited about what 2025 will bring us.

There were no further subjects to discuss, and the meeting closed at 10.40 am.

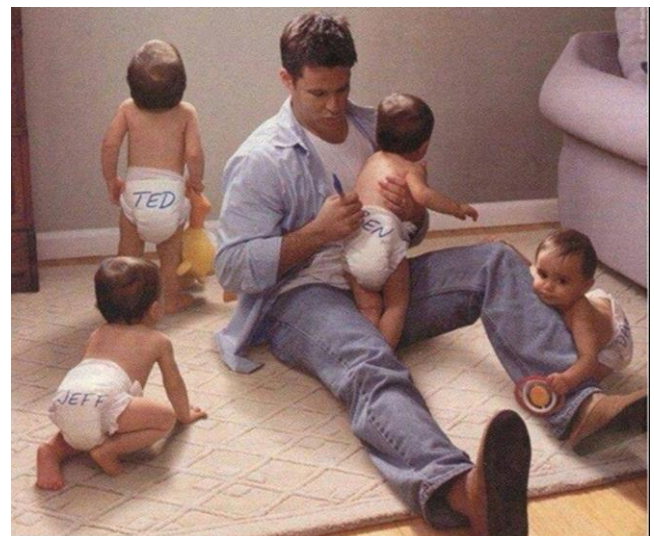
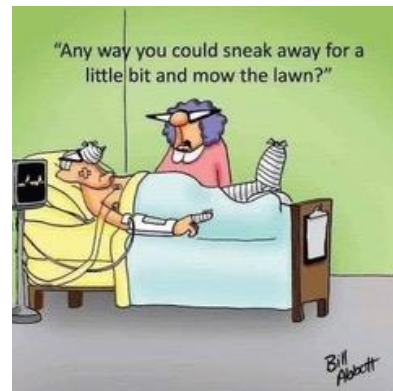
Our Next Meeting:

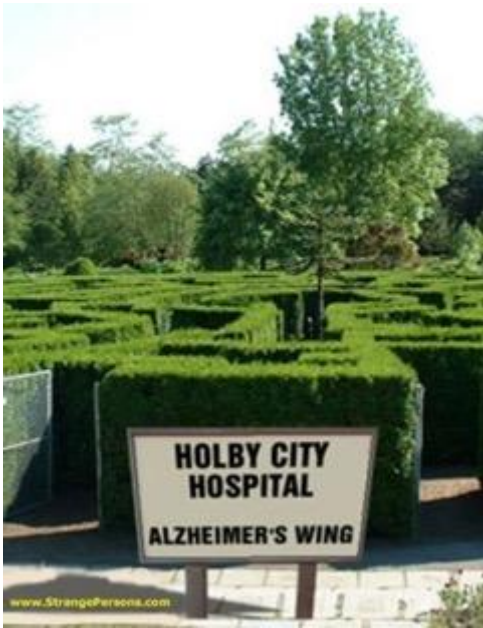
Please note there is no meeting in January 2025. The next monthly meeting will be held on Monday 10th February 2025 at The Niche, Cnr Aberdare Road and Hospital Avenue, Nedlands from 10.00 am to 12 noon.

A Merry Christmas to Everyone

On a lighter note...

**Sometimes I get
road rage
walking behind
people at the
grocery store.**





Thank you and goodnight!