

3. A reminder from Phil R to attend the Volunteer Day/Christmas Function at the Neurological Council.
4. A reminder from Phil R re: the December PNSG meeting on 8th December and to dress up or down, bring a plate for morning tea and joke.
5. Ninetta G to confirm address details for Ted L.
6. Ninetta regarding some (perhaps) new members.
7. Alike WA grants for 2025-26 are open now.

Accepted:

Faye H

Seconded:

Celia M

TREASURER'S REPORT (as of 1/12/2025)

RECEIPTS	\$	PAYMENTS	\$
Membership D.D.	100.00	1 x Web Site Hosting (inc 20c adjust Nov 2025)	9.43
Donation (for Postage)	5.00	Postage (1 mth)	6.25
Accident Cr. D.D.	17.50	Curtain Radio (advert)	88.00
TOTAL	122.50		103.68
Balance b/f			7411.61
BANK ACCOUNT			
Postage	6.25	Deposits	122.50
Curtin Radio (advert)	88.00		
Webpage D.D. (1 mth)	9.43		
Balance c/f	7430.43		
TOTAL	7534.11		7534.11
Balance c/f			7430.43
ACCOUNTS FOR PAYMENT			
1 month Website	9.23		
Hidden Disabilities Subscription	110.00		
Postage	6.25		
TOTAL:	125.48		

Approved: Phil R Seconded: Ninetta G

PLEASE: Include your name and payment details when paying online. Faye (our Treasurer) cannot identify payments without this information.

GENERAL BUSINESS:

1. New Members:

- a. Cobie H
- b. Lorry H

2. Annual Membership Fee:

- a. Some member's phone numbers have been disconnected so it was hard to get in touch with them. Therefore, it was decided three months ago that if the annual fee is not paid by the end of December 2025, as it is well and truly due by then, it will be assumed the member no longer wishes to be a member and will no longer receive correspondence from PNSG, including newsletters. This may appear harsh however members have been asked at least 5 times to bring their membership up to date., It does take a lot of time and effort to phone around to remind members to pay and it is time that we can ill afford. So please if you wish to continue as a member then please pay \$20 into our bank account or post a cheque for \$20 to Phil R today.

Please see page 1 for our bank details.

3. Presentations:

- a. Dr Prax has agreed to present to us at our February 2026 monthly meeting on the 9th of Feb 2026. Covering (but not limited to) - Electronic devices for people with PN.
- b. Phil R is still to arrange with Lenka from Palliative Care WA to present to us next year.

4. PNSG Membership Applications Forms - were made available to each attending member and asked to distribute to anyone e.g. GPs, private individuals, clubs etc.

5. Peripheral Neuropathy Support Group – South Australia.

Peter H. held his Meeting #4 a couple of weeks ago. Here's Peter's email summarising:

- a. Since the PNSG SA (Peripheral Neuropathy Support Group) 41 people have joined the group (Phil R to seek clarification).
- b. 4 meetings have been held and,
- c. Attendance has averaged 12 persons /meeting.

Peter H. thanks PNSG Perth for their constant support.

We have a good platform from which to move forward in the new year.

P.S. from Peter H:

- a. Happily, I have had offers of help from within the SA group with local administration and promotion which will enable consolidation and some formalising.
- b. The first meeting for 2026 will be in February... details to be confirmed and circulated.

6. Neurological Council of WA:

- a. Volunteer Day – PNSG was well represented by Barbara M, Laurel M, Dan D, Wendy N and Phil R.
- b. PNSG Awarded Certificate by WA Dept of Communities - For all at PNSG, not just Phil R.
- c. NCWA has recognised that people with PN are now the third largest group of people with a neurological disorder in WA.
- d. A thank you email from NCWA to us at PNSG: It's been a good year. Many thanks to all those who have contributed to this successful year – Etta P.

7. Medical stuff: Transcranial Magnetic Stimulation (TMS): Phil R is just about to start this treatment. This treatment seems established and accepted in the USA, and the Australian Federal Government

(Medicare Australia) is now covering at least some of the cost.

Phil R will start his TMS treatment early in January 2026.

This treatment is where medical practitioners put a helmet incorporating magnets on the patient's head to try to reprogram the brain to correct erroneous pain signals coming from the feet and other areas.

He will let you know how it goes at our February 2026 Meeting.

8. **Dress Up** - Each December meeting attending members are encouraged to dress up. This year Suzanne D was awarded the winner by Barbara M and Faye H.
9. **2026 Is Just Around the Corner** - It's time to start thinking about what we want for ourselves in 2026...
"A goal without a plan is just a wish" – Antoine de Saint Exupery.

Meeting closed at 10:35 am.



Merry Christmas Everybody!

Next meeting Monday 9th February 2026 - 10:00 am to 12 pm at (AWST):

The Niche, located at the corner of Aberdare Road and Hospital Avenue, Nedlands, WA.

Hope to see you there!!!

The Senility Prayer

Sister Angela (no she's not a nun and she really is Phil R's sister) has recently sent us this link to a Facebook public group which Phil R has joined. You may choose to join also.

"God, grant me the senility to forget the people I never liked anyway, the good fortune to run into the ones that I do, and the eyesight to tell the difference."

Now that I'm older (but refuse to grow up) here's what I've discovered...

1. – I started out with nothing, and I still have most of it.
2. – My wild oats have turned into prunes and All Bran.
- 3.– I finally got my head together now my body is falling apart.
- 4 – Funny, I don't remember being absent minded.
- 5 – All reports are in; life is now officially unfair.
- 6 – If all is not lost, where is it?
- 7 – It is easier to get older than it is to get wiser.
- 8 – Some days you are the dog, some days you're the hydrant.
- 9 – I wish the buck stopped here, I sure could use a few.
- 10 – Kids in the back seat cause accidents.
- 11 – Accidents in the back seat cause kids.
- 12 – It's hard to make a comeback when you haven't been anywhere.
- 13 – The only time the world beats a path to your door is when you're in the bathroom.
- 14 – If God wanted me to touch my toes, he would have put them on my knees.
- 15 – When I'm finally holding all the cards, why does everyone decide to play chess?
- 16 – It's not hard to meet expenses...they're everywhere.
- 17 – The only difference between a rut and a grave is the depth.
- 18 – These days, I spend a lot of time thinking about the hereafter... I go somewhere to get something and then wonder what I'm here after.
- 19 – I AM UNABLE TO REMEMBER IF I HAVE MAILED THIS TO YOU BEFORE OR NOT!!!

Thank you and goodnight!