

GENERAL BUSINESS:

1. New Members:

- a. New members did not have the opportunity to present themselves due to a lack of time available before the start of Dr Prax's presentation at 10:15 am.

2. Presentation and Question Time – 10:15 am to 11:30 am:



The online presentation we had was from Dr. Prax. It covered, (but was not limited to) Electronic Devices such as Rebuilder, EMS, TENS and so on and it proved to be very interesting.

Also, the importance of getting a good night's sleep and eating well by following paleo and keto diets.

Dr Prax is intending to make a recording of his presentation available, and Phil R will distribute the link to members to watch on their computer device.

3. Neurological Council of WA:

The NCWA has worked to set up a LinkedIn and Facebook account. These two accounts will be utilised by PNSG to identify and give support to people with PN. Also, to help identify volunteers to fulfill voids in PNSG's service provision.

Meeting closed at 11:35 am.

Next meeting Monday 9th March 2026 - 10:00 am to 12 pm at (AWST):

The Niche, located at the corner of Aberdare Road and Hospital Avenue, Nedlands, WA.

Hope to see you there!!!

On a lighter note...

Australian Seniors with a Sense of Humour - [Australian Seniors with a Sense of Humour | Facebook](#)



Thank you and good night!

